

## Resources for Parent and Children: Reflection and Worship Ideas


- Creating a Space for God at Home  
Methodist Church Website - <https://tinyurl.com/t7lf6pn>
- Lent 2020 videos <https://www.bdeducation.org.uk/product/lent-with-bishop-philip/>

The videos are presented by the Bishop of Burnley. The videos have been produced to support collective worship over Lent. They could be used for some reflection time or worship time at home. They also link to some RE learning the children might have been doing in school from the *Understanding Christianity* resource. Especially relevant here are the videos on 'Fall & Sin', 'Rescue & Salvation', 'Alleluia, He is risen'. There are 6 videos in total each lasting around 10 minutes. Remember Bishop Philip speaks as a Christian - it is what he believes. Families could watch the video and listen to what he says. Talk about it afterwards, saying whether you agree or disagree with the Bishop, does it give you any questions you need to find answers to, what 'Big Questions' are there from what you have seen?

- Create a glitter jar.



Find a jar and decorate it however you like. Fill the jar up to  $\frac{3}{4}$  full. Add some clear glue, food colouring and glitter. Shake! As you watch the liquid settle again reflect on lots of happy and good things.

-  Make a worry jar. Find a jar and decorate it with smiley faces! At one time of the day only - probably early afternoon - and with an adult, write on a piece of brightly coloured paper something you are worried about that day. Talk to an adult about it and put it into the jar.

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Things that I love. Draw a large heart and each evening colour in a small section of the heart. Draw a line out from the coloured section and write at the end of the line what it is you have loved about today!

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The Gratitude Game. You need some coloured sticks and a chart that shows what each colour represents e.g. blue - name a person you are thankful for, green - name a place you are thankful for, red - name a food you are thankful for, pink name anything of your choice.

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Follow Mr Brassington on Twitter. He is a teacher who is doing some collective worship reflection on twitter. His twitter handle is @brassoteach and the #CollectiveWorshipAtHome

- Fischy Music have a weekly collective worship available – going live on a Monday – at 11.00am <https://www.youtube.com/fischymusic>
- Engage at home resources for families can be found at <https://engageworship.org/engage-at-home-daily-family-prayer-and-worship-activities>
- Godly Play UK have produced '10 easy things to do' resource.
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Follow Dave Hill, the founder of Heartsmart on Twitter  
@HEARTSMARTDave

Dave is putting short videos on YouTube every day suitable for children of all ages. Find them at

[https://www.youtube.com/channel/UCCtpIPW0JUOfN-J6-rnK4wA?sub\\_confirmation=1](https://www.youtube.com/channel/UCCtpIPW0JUOfN-J6-rnK4wA?sub_confirmation=1)